

**LET'S UNITE FOR DEMENTIA
AWARENESS WEEK**
14-20 MAY 2017

DAA
Enfield Dementia
Action Alliance

Press Release – Dementia Awareness Week

Dementia Awareness Week 14 – 20th May 2017 will be celebrated throughout Enfield.

This Dementia Awareness Week, 14-20 May, Enfield Dementia Action Alliance is asking everyone in Enfield to unite against dementia.

It is estimated that there are approximately 3,000 people with late onset dementia in Enfield. This is projected to increase by 44% in 20 years

Dementia is set to be the 21st century's biggest killer. But awareness and understanding remains low and many families are facing it alone. Diagnosis is a difficult time for someone and it can feel that people have nowhere to go and no one to support them.

That's why, during the week, we want everyone to come together and take action. By uniting, we can raise awareness, offer help and understanding of dementia.

There are lots of ways you can get involved and events throughout the borough you can attend which are being held by members of the Enfield Dementia Action Alliance.

Seven members of the Enfield Dementia Action Alliance were privileged to meet Angela Rippon at the Dementia 2020 conference early this month and share her vision to create Dementia Friendly Communities. Angela has been inspired to help the 850,000 people living with dementia in the UK by her own experiences of caring for her mother Edna, who was diagnosed with dementia in 2004 and sadly died in 2009.

The EDAA's vision is to make Enfield a Dementia Friendly Community where people living with Dementia can continue to live full lives within a community which shows understanding and patience.



To work with other members of the EDAA to spread the word and work of the alliance and sign up as many local businesses, members and our community to join us in the Dementia Awareness Sessions. We will recognise, support and signpost those living with Dementia or those caring for family or loved ones with Dementia.



Enfield Carers Centre runs a monthly Carers Dementia Group on the 3rd Thursday of each month which is attended by a variety of speakers from organisations and services across the borough who support Dementia Patients and their Carers. The group is held at Enfield Carers Centre from 2.00pm – 4.00pm.

ECC works in partnership with Enfield Alzheimer's Society to deliver a monthly 'carers Dementia Drop in' on the 1st Friday of every month from 2.00pm – 5.00pm. These are one to one appointments with a support worker from Enfield Alzheimer's Society.

In Dementia Awareness Week 2017 we are running a Dementia Awareness Session on Wednesday 17th from 12.30pm – 2.30pm with information stalls run by Age UK; Enfield Carers Centre and Enfield Alzheimer's Society and have our regular Carers Dementia Support Group on Thursday 18th from 2.00pm – 4.00pm.



Real Time Care provide technology and services to help families support loved ones with Dementia and keep them safe in their own homes. We will be supporting all the EDAA events across Enfield during Dementia Awareness Week providing information, guidance and advice on Care-Cameras and Lasting Power of Attorney.



EAWA (Enfield Asian Welfare Association) provides:
A Memorable Melodies singing group on the last Tuesday of each month
A day care centre for Asian Elderly people with multiple health issues including Dementia.
Activity equipment accessible for people with Dementia and their Carers valued at £5000 from a Tesco Grant.

EAWA works with all communities. For more information see www.eawa.org.uk Tel 0208 443 1197 Contact Chetna Shah



“What you wanted to know about Dementia but are too afraid to ask?”

To celebrate Dementia week Alpha Care Specialists are delivering a Dementia specific focus day on Saturday 14th May 2017, at Community House, 311 Fore Street, Edmonton London N9 0PZ, where you can:

- Become a Dementia Friend
- Try a suit on and feel what people with Dementia feel
- Learn coping mechanisms

This event is for people's family who are suffering from Dementia. Numbers are limited, please book early, This is on a first come basis. Food will be served. Phone 020 8373 6299



Age UK Enfield offers services for people with a dementia and their carers. We have a home based support service which offers personal care, light housework, domestic and shopping tasks as well as timeout respite for carers, and social outings. Alongside this, we also have a day service operating in Edmonton providing support and care for people with a dementia, transport is available and we operate 6 days a week. We have a carers support group for carers of people with a dementia. We also provide a post diagnostic navigation service for people with a dementia and their carers, providing vital signposting and support after an initial diagnosis.

In Dementia awareness week our navigation team will be attending some of the events already organised, offering guidance support and information to anyone who needs it.

On Friday 19th May Age UK Day service are running 'Beach in a box' which is a reminiscence activity based around trips to the seaside. Our clients will be enjoying resources geared towards stimulating memories of holidays in traditional seaside settings with fun and entertainment activities, there will be an opportunity for photos with family and friends.



'Look out for Home Care Preferred's promotional dementia awareness video highlighting the importance of supporting research into this condition'

'The release of tickets for 'We'll Meet Again' World War 2 Musical Event. Home Care Preferred are excited to announce a second collaboration with the talented Compton Players on this previous sell out event.

The event will take place on Saturday 21st October, 7:30pm at: Waterhouse Hall, United Reformed Church, 77 Compton Road, Winchmore Hill, N21 3NU

Tickets are £20 and include a fish & chip supper.

There will also be a bar on site and a luxury raffle.

All profits will go to Alzheimer's Research UK

please contact Laura Brassett for more details and to reserve your tickets:

laura@homecarepreferred.com 020 8364 3670'

'Home Care Preferred will be holding a free dementia drop in service. If you are a carer, have a loved one or are living with dementia yourself, please feel free to drop in on Wednesday 17th May 2017 between 10:00am - 5pm for impartial advice on services and support available to you, communication techniques and general support. The drop in service will be held at our premises in Winchmore Hill:

Home Care Preferred

49 Station Road

Winchmore Hill

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