

REGISTERED COMPANY NUMBER: 05397785 (England and Wales)
REGISTERED CHARITY NUMBER: 1109149

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
ENFIELD ASIAN WELFARE ASSOCIATION LTD
(A COMPANY LIMITED BY GUARANTEE)

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

ENFIELD ASIAN WELFARE ASSOCIATION LTD

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FOR THE YEAR ENDED 31 MARCH 2023**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

**Report of the Board of Trustees for the year ended 31 March 2023
(Incorporating the Directors Report)**

The Trustees are pleased to present their report and financial statements for the year ended 31 March 2023. These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

Structure, governance, and management

Status

Enfield Asian Welfare Association ('EAWA') is a Company Limited by Guarantee not having a Share Capital. It is also registered as a Charity and is governed by its Memorandum and Articles of Association.

EAWA has an Executive Committee, known as the Board, of not less than 3 and is not subject to any maximum. One-third of the Board retires by rotation at each Annual General Meetings and is eligible for re-election. Directors who served during the year are stated in this report.

An advisory committee of five service users is elected each year, prior to the Annual General Meeting. They can put forward, for consideration by the Board, any matters that cannot be dealt with at usual management levels.

The decision-making process

The Board meets monthly and approves major policy decisions. The Chief Executive is responsible to the Board and ensures that all the policies and procedures are in place. The Chief Executive makes the day-to-day decisions on an operational level and regularly liaises with the Chairman of the Board on Organizational and wider matters.

The Board members are recruited by advertising widely through Trustee Recruitment sites on the internet and via community connections. EAWA:

- Ensures that the recruited people meet the legal requirements to qualify as trustees.
- Arranges interviews and ensures that the skills meet with future needs.
- Provides inductions and induction packs. Visits are arranged to all EAWA's operational bases.
- Arranges training for the new Board members in line with their needs and gives information on 'the Roles and Responsibilities of Trustees.' Plus refers them to the Charity commission for further information.
- Ensures that the Trustees agree to a Code of Conduct.

Risk Management:

Premises

EAWA has continued operations at the Wheatsheaf Hall. The risk of the Wheatsheaf Hall, being withdrawn immediately has been averted: EAWA have been informed that they can continue with the hire on a 6 monthly basis.

The temporary nature of our hire agreements for the day care centre and office, means that premises are still a risk factor. Thus, EAWA is continuing its search for a long-term permanent premise to house the day centre and office. EAWA must fundraise, as the property lease and purchase prices are high and the EAWA reserves do not cover the cost.

Impact of Five-day operations on cost and continuity

EAWA day care was opened on 5 days a week due to the changes imposed by the Covid restrictions. We could only accommodate bubbles of 15 people and under strict guidelines. Statistically though numbers of clients had fallen from pre pandemic high of 108 places, to around 66% of pre pandemic levels by March 2022. The pandemic nearly halved our client numbers (down 47%) but these recovered to around 58% of pre pandemic levels by March 2022. Thus, on 1st April 2022, EAWA aimed to increase the uptake of day care clients with a 5-day offer combined with greater marketing. Clients/carers had greater flexibility and thus the risk mitigation was based on expansion supplemented by marketing to counter the higher overheads.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

In the post Covid environment, EAWA did gain a new client base, but this increase in take up of day care places was negated by some existing older clients passing away. Thus, the numbers of Day care clients did not increase sufficiently for EAWA to break-even and EAWA made a substantial loss in the year ended 31st March 2023. EAWA will examine its operations in the next fiscal year, to decide on the best approach.

Contingencies

EAWA budget is based on realistic figures and no contingencies are built in. In year ended 31st March 2023, EAWA had an approved budget which would incur losses, as already explained, and which could not be prevented due to the natural demise of existing clients. The expansion which EAWA wanted to achieve could not therefore happen. Covid 19 rules and restrictions also affected operations.

Continuity

There were no continuity problems for EAWA. EAWA day care centre was open on 5 days a week and operated by following Covid 19 requirements. EAWA undertook increased marketing and engaged with Social Services to attract more day care clients. In Enfield Borough, we have retrospectively learned that other local day care centres have had low take up of day care places after the Covid-19 pandemic. EAWA's drive to find more clients has been affected by this trend. At the time of producing this report, and post 1st April 2023, a local day care centre has closed. EAWA has therefore adjusted its day care model to open to, and assist, all communities (not just Asians).

Transport

The situation is unchanged: the Minibus owned by EAWA, has a Disabled passenger exemption up to 25th October 2025, under the Mayor of London's rules for Emissions charges. EAWA will review its transport needs in line with new Emissions Legislation plus any new requirement, for example, to have an Electric bus. EAWA will wait for more concrete legislation to minimise the risk to EAWA because any bus purchase needs to have longevity to be cost effective. We have set aside reserves for a minibus purchase as all our clients need transport..

Investment

The situation remains unchanged in that since the sale of the premises, in 2015, EAWA has a sound reserves position. Funds in the reserves have been invested in blocks of £85,000, into a few accounts, to safeguard them from any risks. The interest rates have improved..

Financial Review

The results for the financial period are set out in the attached accounts. The EAWA day care Deficit was £67,903 (2022:£18,281)

The reason for this was the increased overheads by being open 5 days a week; the demise of old clients, and the reduced take up of EAWA day care places by new clients in proportion to the numbers needed for a 5-day operation and increase in the costs like hall rent, food etc.

Funds

EAWA has £442,642 Unrestricted reserves of which £435,000 are held as Designated Funds for specific purposes. Restricted funds are £12,875.

Public Benefit Statement

The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Objectives and Activities

Objects

To alleviate isolation, we

1. Deliver appropriate facilities with qualified staff.
2. Deliver leisure activities and recreational pursuits.
3. Deliver educational activities that improve access to information and learning.
4. Deliver activities which promote health, well-being and improve quality of life.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Through the provision of our services, we seek to enhance the lives of elderly people/the local community and their carers/families within the London Borough of Enfield and surrounding Boroughs who have need for such facilities by reason of age, infirmity, disablement or social isolation.

Achievements and Performance

The Day care service has been designed to meet the EAWA charitable objectives.

The main activities undertaken, towards achieving EAWA's objectives, were:

- Seated Yoga/ Tai Chi/ Dance
- Flower arranging
- Reflexology
- Indian Head Massage
- Social Interaction
- A hot Asian meal with a varied menu
- Pedicure: toenail clipping
- Transport managed for clients as needed

Seasonal Activities

Celebration of festivals, EAWA provided a:

Special Diwali/Eid Party for EAWA day care and Social Hub clients plus their Carers/family. We hired a Live Indian music band from Pankaj Sodha; had delicious food, raffle prizes etc. Over 150 people attended.

Christmas lunch at Chennai Spice Restaurant which was enjoyed by all.

EAWA arranged a talk from the London Fire Brigade on Fire Safety advice with pre-booked visits arranged to clients' homes who had need of intervention, in June 2022.

As a result of the day care centre Carers get a break.

Our website: www.eawa.org.uk has testimonials from Carers, plus, Independent Research from Brunel University in March 2023 highlighted benefits to carers and clients as follows:

"I can rest my mind and focus on my work knowing my mother is in safe hands"

Eawa has allowed people to focus on their work without having to worry about those they care for; Eawa has given carers reassurance and a chance to work.

"I was pleasantly surprised with the number of unique activities they do"

Physical activities have been helping our clients, many carers stated that their loved one would not usually get out of bed or do anything physically.

"They have been excellent in organising and interacting with us professionally, this is a much-needed organisation".

Eawa has proven to carers and their clients they really do care for the clients and that it also proves we have gone above and beyond the expectations in comparison to other organisations.

"They work tirelessly to ensure that every member feels valued and included."

Eawa's staff has shown their dedication and affection towards every client. People have seen that they work hard to provide the best of their services. Many elderly People don't feel valued within the society/community they are in; they are often scared to go out and meet new people as they don't feel that they fit into the community. At Eawa, every member is valued and allowed to feel included in all the activities available.

"During the Covid pandemic, Eawa did not lose contact with my mum, in fact a staff member would call every day and speak to my mum whether it is over the phone or via zoom. They really do care about their clients; I am ever so grateful to Eawa."

"One thing that exceeded my expectation of Eawa was their communication, any signs of concerns Eawa would alert immediately, they pay very close attention to all their clients and pick up on any behaviour that doesn't look right, it's amazing how much care they show"

" If you want the best retirement for your loved ones choose EAWA"

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

It can be seen from these testimonials that Eawa has impacted not only clients' lives but carers' lives as well.

Other EAWA work

1. Social Hub. This provided a range of services:

a) Outreach project in Edmonton Green Library:

Thursday, Friday mornings-11am to 12.30pm.

Activities: Seated Yoga, Seated Tai Chi, talks, knitting, outings, restaurant lunches and coffee shop visits to 1.45pm

b) An Online Zoom Social Hub

Tuesday afternoons - 1.30pm to 2.30pm

Activities: Quizzes, cookery demonstrations, dance, mindfulness, and other activities

c) A Zoom Yoga and social interaction session

Thursday afternoons - 2pm to 3.30pm.

d) Telephone Befriending

Tuesday mornings

e) Group day trips of places of interest to clients e.g., Sky garden in London, Cotswolds, Festival of Inspiration at Neasden Temple, Seaside and Oxford Christmas Market.

Independent evidence from a Brunel University student's Photovoice research project highlighted key strong positive outcomes of the Social Hub activities March 2023.

The report stated: "The social hub is an effective way of:

- "connecting people to their community,"

- "reduce issues of social isolation and loneliness"

- " It promotes health and wellbeing, helps people to be healthy and engaged."

For example, clients stated:

- "The social hub is a lifeline"

- "Without the Social Hub I would be alone."

- " It is a great place to make and maintain friendships and it helps improve my mood"

- "We love the day trips. We would not have gone to explore those places alone."

- "I suffer quite badly from arthritis, and I feel the classes has helped me a lot"

- "Getting out meeting people I feel much better now than I did a year ago"

- "I feel more relaxed and can laugh again."

Open to all backgrounds, this project is unique to Enfield in proactively seeking to identify and reach out to older people who have fallen off the radar of mainstream services and are most in need of support. EAWA is funding this project and currently supporting 61 people and 20 in the Online Zoom Yoga.

2. Better Health for the 50 Plus: EAWA were awarded £5,000 from the National Lottery Community Fund for this project. It started On Saturdays in April 2022 and ended in December 2022.150 people were assisted from all communities. EAWA arranged:

A) Vegetarian cookery workshops in 4 parts, including demonstrations highlighting the impact of different ingredients for better health, with techniques/methods. This was to educate to achieve a positive lifestyle change

B) Acupressure workshops on how to address aches and pains holistically: 3 sessions of 2-hours each

C) Yoga Breathing workshops techniques and how regular practice at home improves health: 3 sessions of 2 hours each, repeated twice in the year. This helped with respiration, circulation, and positive health outcomes.

D) 25 sessions of Chair yoga at two venues for stronger bones, flexibility, better circulation, and longevity.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

E) Cancer Awareness workshops:

Bowel Cancer Awareness on 30th April 2022 and Breast Cancer Awareness on 3/11/2022

F) Workshops on Health and wellbeing: 2 sessions of 1.5 hours each

This project was marketed widely through community papers, websites, and door to door leafleting. The participants learned self-help techniques and found that this was incredibly positive.

3. EAWA created fresh marketing materials for all the projects (Day care centre, Social Hub, and Better Health for the 50 plus), a new website, and social media presence by setting up a Face book and Instagram Page.

EAWA also marketed to:

- The Jain Oshwal group who put an advert in their two Newsletters with 5,000 plus readership for Enfield Borough Area and Barnet Area, plus a recording for the visually impaired, and invited EAWA to give talks at their Elder's club and a Jain festival. EAWA was chosen as their charity of the year for two years to 31st March 2024.
- Asian Community Leaders who had an Asian Database of members in Enfield Borough like Darji Mitra Mandal; Mauritius Hindu Association; a group that arranges Navratri (9 days of dance in Enfield),
- North London Asian Care: to give our leaflet to all their clients.
- Various temples: in Wembley, Leytonstone, and Watford who have residents in Enfield and have mailing lists. EAWA asked specifically for information to be sent to Enfield residents.
- Local mosque(s)
- The Communications Team at North Middlesex Hospital to send information to all their teams in relation to older people,
- Royal Free Hospital Communications Team, which manages two other Enfield Hospitals
- Alpesh Patel our Caterer to notify people he delivers home meals to, with our day care leaflet
- Enfield Dispatch, a local community newspaper
- Enfield Council from whom EAWA purchased the open Electoral Register for certain areas, plus we wrote to the Council team that writes their newsletters to get EAWA leaflets included therein. EAWA has marketed directly to Asian people in many wards on the Register.

4. EAWA collaborated with Brunel University to undertake research based on a scope presented as described below. EAWA was selected by the University.

The Challenge was: To undertake research and assess the impact of EAWA services, to help attract new clients, greater funding and extend EAWA's reach.

The Ask was:

- a. Research into local needs to find the convergence in certain wards of the isolated/lonely 50 plus, population from all communities, in addition to unearthing the Asian specific demographic needing care, so that EAWA reach the maximum amount of people.
- b. Find effective methods of getting Isolated/Lonely people to re-engage in the community and implement the methods
- c. Create anonymous case histories/videos etc. of the effectiveness of our day care and other services and how we help clients/carers/family directly and indirectly Expected Outcome: Aim was to identify the difference EAWA services make and learn from the research on how to extend EAWA's reach.

Three students chose to work with EAWA, providing 100 hours each: they had regular meetings with the CEO. They each produced a report by 31st March 2023 as follows:

- 1) A survey using 'Photovoice method' to collect the views of our Social Hub clients;
- 2) A day care client testimonials report
- 3) Research of how to engage with isolated elderly people and a student is still working on the ward data for identifying those that are isolated in Enfield Borough.

5. Twalking Pilot Project: Three teams of 3 staff and their families participated in the project encouraging daily walking for health improvement, using an App called My Virtual Mission. The aim was to walk 360 miles to Scafell Pike in the Lake District National Park, Cumbria. One of EAWA's teams was third completing the walk in 26 days. This project was in conjunction with a Local GP Practice.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

6. EAWA partnered with NCS a youth charity: Youth engagement took place in week of 11th July 2022 at Southgate College, with a presentation to 60, fifteen- to seventeen-year-olds and three projects for them to choose from. Three teams of 30 children decided to fundraise and raise awareness for and about EAWA. They conducted a Pitch the next day about their ideas and then over 2 days they raised about £180 from cake and lemonade sales in Broomfield Park and Groveland's Park. EAWA wrote thank you notes to the team leaders, and we gave a card to acknowledge their efforts.

7. EAWA held meetings with the MPs of Southgate, Edmonton, and Enfield North to raise awareness about the work of EAWA. Each has assisted in progressing this work.

8. EAWA Chairperson and CEO attended the Bengal Pride Awards at Houses of Parliament on 20th July 2022, and the CEO also attended an International Womens Day Event there, with a view to network for EAWA.

9. EAWA had a stall at:

A)The Healthy Hearts Event on 22nd July 2022: this generated much interest in our 50 plus Yoga sessions and the online session on Thursdays.

B)The EVA (Enfield Voluntary Action) Volunteer Fair to recruit more volunteers on 17th November 2022

10. **Quality Marks:** EAWA passed ISO9001:2015 inspection on 24th October 2022. The report was positive about EAWA management compliance and operations.

11. EAWA attended the online Older Peoples partnership board meetings.

12. EAWA is working with a Council officer, to find suitable premises for the day care centre.

13. **The EAWA Team:**

We value the contribution of all our staff/freelancers and volunteers. They help to deliver the excellent services that EAWA provides.

The staff team remained unchanged apart from:

a) A new administrator recruited this year who reverted to a Bank administrator, to help with specific tasks in December 2022. She is an excellent addition to the team.

b) A Business Support Manager as of March 2023 who undertakes day care administration and will learn to deputise for the Day care Manager.

The EAWA Board, meet monthly on zoom and are all volunteers. They provide their skills and guidance to steer EAWA so that it is continuously improving.

We thank everyone in the EAWA team.

EAWA also wants to thank everyone who has contributed to our work.

To conclude

This has been an active and positive year. EAWA has engaged widely in the community with the range of work undertaken and raised awareness to encourage participation at all levels.

Financially, we have incurred a high loss. It was EAWA's aim to open the day care centre for 5 days, and assist more older people. Sadly, the take up of places did not meet expectations. Covid Pandemic has reduced the engagement of older people within day care centres.

EAWA also funded the Social Hub activities and the coordinator's post, at its own cost which added to the overall loss position

Future plans:

EAWA has already made a change in the new fiscal year, to open the day care centre to all communities. The closure of a local day care centre means that there will be a need as Enfield Borough day care provision is not extensive.

EAWA is also seeking referrals from surrounding Boroughs.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

EAWA is working to:

1)Secure funding for the Social Hub services.

2)Attain premises, as a community hall is not suitable for high need day care for the long term. We also need to centralise.

3)Fundraise, effectively market its services plus look at how we can improve and expand.

Reporting Accountants

A resolution to reappoint Chapman's Associates Limited, Chartered Accountants as Independent Examiners will be proposed at the Annual General Meeting.

The Board wishes to express its thanks to Miss Chetna Shah and all the staff for their dedicated and loyal service. They also wish to thank the elected Users Advisory Committee for their guidance throughout the period.

ENFIELD ASIAN WELFARE ASSOCIATION LTD

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Incorporation as a Company: Company Limited by Guarantee No.5397785 - Incorporated on 18.3.2005

Registered as Charity: Registered Charity No. 1109149 - Registered on 20.04.2005

Governing Document: Memorandum and Articles of Association

Mission Statement: To support, empower, and enrich the lives of Older Members in the Community.

Our Vision is: To be a trusted and valued First Choice Provider of Inclusive services that creates an inspiring, positive, impact in the community.

Directors and Trustees: The directors of the charitable company ("the Charity") are its Trustees for the purposes of the charity law, and throughout this report are referred to as Trustees. Those who served during the year were:

Mr. Naveed Ahmed (Chairman) (Joined 20/10/2010)
Mr. Richard Fernandes (Joined 30th June 2014)
Mr. Sudipta Ghosh (Joined 21st March 2017)
Mr. Samit Kumar Biswas (Joined 23rd October 2019)

Company Secretary
and Chief Executive Officer: Miss Chetna Shah

Users Advisory Committee: Sunil Lakhani
Elected 19 October 2022 Virbala Patel
Usha Sheth
Kumudben Shah

Registered Office: Office No. 1, Alexandra Business Suites, 52 Alexandra Road, Ponders End, Enfield,
Middlesex,
EN3 7EH
Tel: 020 8443 1197 Tel/Fax: 020 8443 1188
Email: eawa.library@eawa.org.uk and info@eawa.org.uk
Website: www.eawa.org.uk

Day Centre Sites: Wheatsheaf Hall, Main Avenue, Bush Hill Park, Enfield, EN1 1DS from 20th July 2010

Bankers: Barclays Bank Plc, 20 The Town, Enfield, Middlesex, EN2 6LY
CAF Bank Limited, 25, Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

Independent Examiner: Chapmans Associates Limited, Chartered Accountants and Registered Auditors,
9 Churchill Court, 58 Station Road, North Harrow HA2 7SA.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05397785 (England and Wales)

Registered Charity number
1109149

ENFIELD ASIAN WELFARE ASSOCIATION LTD

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Registered office

Alexandra Business Suites
Office Number1
52 Alexandra Road
Enfield
EN3 7EH

Trustees

Naveed Ali Ahmed
Samit Kumar Biswas
Richard Alexander Fernandes
Sudipta Ghosh

Company Secretary

Miss Chetna Shah

Independent Examiner

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Approved by order of the board of trustees on 23rd Oct 2023 and signed on its behalf by:


.....
Naveed Ali Ahmed - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ENFIELD ASIAN WELFARE ASSOCIATION LTD**

Independent examiner's report to the trustees of Enfield Asian Welfare Association Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Praful Patel

Chapmans
Chartered Accountants
9 Churchill Court
58 Station Road
North Harrow
HA2 7SA

Date: 25 October 2023

ENFIELD ASIAN WELFARE ASSOCIATION LTD

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	185,852	-	185,852	193,145
Investment income	3	2,610	-	2,610	2,160
Total		<u>188,462</u>	<u>-</u>	<u>188,462</u>	<u>195,305</u>
EXPENDITURE ON					
Charitable activities	4				
Charitable		251,431	4,934	256,365	213,586
NET INCOME/(EXPENDITURE)		<u>(62,969)</u>	<u>(4,934)</u>	<u>(67,903)</u>	<u>(18,281)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		505,611	17,809	523,420	541,701
TOTAL FUNDS CARRIED FORWARD		<u><u>442,642</u></u>	<u><u>12,875</u></u>	<u><u>455,517</u></u>	<u><u>523,420</u></u>

The notes form part of these financial statements

ENFIELD ASIAN WELFARE ASSOCIATION LTD

**BALANCE SHEET
31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	1,367	-	1,367	1,922
CURRENT ASSETS					
Debtors	11	24,923	-	24,923	25,091
Cash at bank and in hand		435,218	12,875	448,093	507,515
		<u>460,141</u>	<u>12,875</u>	<u>473,016</u>	<u>532,606</u>
CREDITORS					
Amounts falling due within one year	12	(18,866)	-	(18,866)	(11,108)
NET CURRENT ASSETS					
		<u>441,275</u>	<u>12,875</u>	<u>454,150</u>	<u>521,498</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>442,642</u>	<u>12,875</u>	<u>455,517</u>	<u>523,420</u>
NET ASSETS					
		<u><u>442,642</u></u>	<u><u>12,875</u></u>	<u><u>455,517</u></u>	<u><u>523,420</u></u>
FUNDS					
Unrestricted funds	14			442,642	505,611
Restricted funds				12,875	17,809
TOTAL FUNDS					
				<u><u>455,517</u></u>	<u><u>523,420</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

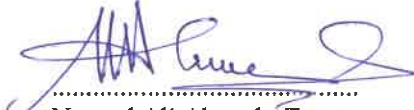
The notes form part of these financial statements

ENFIELD ASIAN WELFARE ASSOCIATION LTD

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23rd Oct 2023 and were signed on its behalf by:



.....
Naveed Ali Ahmed - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

2. DONATIONS AND LEGACIES

	2023 £	2022 £
Project related income	799	24,055
Spot contracts and service users contributions	184,634	168,980
Donation & Miscellaneous income	419	110
	<u>185,852</u>	<u>193,145</u>

3. INVESTMENT INCOME

	2023 £	2022 £
Deposit account interest	<u>2,610</u>	<u>2,160</u>

4. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable	<u>165,641</u>	<u>90,724</u>	<u>256,365</u>

5. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Charitable	<u>89,524</u>	<u>1,200</u>	<u>90,724</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation - owned assets	<u>697</u>	<u>5,442</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

	2022	2021
Key employee remuneration - CEO	48,776	46,493

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	174,346	18,799	193,145
Investment income	2,160	-	2,160
Total	<u>176,506</u>	<u>18,799</u>	<u>195,305</u>
EXPENDITURE ON			
Charitable activities			
Charitable	212,596	990	213,586
NET INCOME/(EXPENDITURE)	(36,090)	17,809	(18,281)
RECONCILIATION OF FUNDS			
Total funds brought forward	541,701	-	541,701
TOTAL FUNDS CARRIED FORWARD	<u><u>505,611</u></u>	<u><u>17,809</u></u>	<u><u>523,420</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

10. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Motor vehicles £	Totals £
COST			
At 1 April 2022	18,894	23,741	42,635
Additions	142	-	142
	<u>19,036</u>	<u>23,741</u>	<u>42,777</u>
At 31 March 2023	19,036	23,741	42,777
DEPRECIATION			
At 1 April 2022	16,972	23,741	40,713
Charge for year	697	-	697
	<u>17,669</u>	<u>23,741</u>	<u>41,410</u>
At 31 March 2023	17,669	23,741	41,410
NET BOOK VALUE			
At 31 March 2023	<u>1,367</u>	<u>-</u>	<u>1,367</u>
At 31 March 2022	<u>1,922</u>	<u>-</u>	<u>1,922</u>

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Fees receivable	21,247	23,031
Other debtors	1,000	-
Prepayments	2,676	2,060
	<u>24,923</u>	<u>25,091</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 13)	9,442	-
Trade creditors	2,721	3,760
Social security and other taxes	2,917	4,265
Pension payable	1,085	1,802
Accrued expenses	2,701	1,281
	<u>18,866</u>	<u>11,108</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

13. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due within one year on demand:		
Bank overdrafts	9,442	-
	<u>9,442</u>	<u>-</u>

14. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
Operational	20,611	(62,969)	50,000	7,642
Designated	485,000	-	(50,000)	435,000
	<u>505,611</u>	<u>(62,969)</u>	<u>-</u>	<u>442,642</u>
Restricted funds				
Restricted	17,809	(4,934)	-	12,875
	<u>17,809</u>	<u>(4,934)</u>	<u>-</u>	<u>12,875</u>
TOTAL FUNDS	<u>523,420</u>	<u>(67,903)</u>	<u>-</u>	<u>455,517</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	188,462	(251,431)	(62,969)
Restricted funds			
Restricted	-	(4,934)	(4,934)
	<u>-</u>	<u>(4,934)</u>	<u>(4,934)</u>
TOTAL FUNDS	<u>188,462</u>	<u>(256,365)</u>	<u>(67,903)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
Operational	31,701	(36,090)	25,000	20,611
Designated	510,000	-	(25,000)	485,000
	<u>541,701</u>	<u>(36,090)</u>	<u>-</u>	<u>505,611</u>
Restricted funds				
Restricted	-	17,809	-	17,809
	<u>-</u>	<u>17,809</u>	<u>-</u>	<u>17,809</u>
TOTAL FUNDS	<u>541,701</u>	<u>(18,281)</u>	<u>-</u>	<u>523,420</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	176,506	(212,596)	(36,090)
Restricted funds			
Restricted	18,799	(990)	17,809
	<u>195,305</u>	<u>(213,586)</u>	<u>(18,281)</u>
TOTAL FUNDS	<u>195,305</u>	<u>(213,586)</u>	<u>(18,281)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
Operational	31,701	(99,059)	75,000	7,642
Designated	510,000	-	(75,000)	435,000
	<u>541,701</u>	<u>(99,059)</u>	<u>-</u>	<u>442,642</u>
Restricted funds				
Restricted	-	12,875	-	12,875
	<u>-</u>	<u>12,875</u>	<u>-</u>	<u>12,875</u>
TOTAL FUNDS	<u>541,701</u>	<u>(86,184)</u>	<u>-</u>	<u>455,517</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Operational	364,968	(464,027)	(99,059)
Restricted funds			
Restricted	18,799	(5,924)	12,875
TOTAL FUNDS	<u>383,767</u>	<u>(469,951)</u>	<u>(86,184)</u>

Designated funds

Designated funds are set aside for:

	2023 £	2022 £
Redundancy Fund	40,000	40,000
Minibus Fund	20,000	20,000
Property Fund	250,000	250,000
Contingency Reserve	125,000	175,000

The Contingency Reserve represents funds set aside to enable the charity to continue operations in the event of the charity's income ceasing,. This has been reduced by £50,000 in the current year.

The Redundancy fund has been created in the event of present & future redundancies.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

ENFIELD ASIAN WELFARE ASSOCIATION LTD**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Project related income	799	24,055
Spot contracts and service users contributions	184,634	168,980
Donation & Miscellaneous income	419	110
	<u>185,852</u>	<u>193,145</u>
Investment income		
Deposit account interest	2,610	2,160
	<u>188,462</u>	<u>195,305</u>
EXPENDITURE		
Charitable activities		
Wages	94,648	78,604
Insurance	1,673	1,432
Telephone	13	194
Sundries	4,550	2,874
Luncheon costs	11,195	9,482
Rent	23,628	15,654
Flower arranging	3,374	2,538
Indian head massage	2,081	1,913
Minibus expenses	7,564	5,047
Pedicure	363	113
QI Gong	1,458	925
Reflexology	4,713	2,275
Tai Chi	1,071	147
Training cost	285	-
Transportation cost	695	403
Yoga	5,784	5,693
Chair based exercise	425	475
Bad debts written off	-	903
Telephone	139	-
Entertainment	513	-
Sundry refreshment	497	-
Workshop / Project cost	275	-
Fixtures and fittings	697	697
Motor vehicles	-	4,746
	<u>165,641</u>	<u>134,115</u>
Support costs		
Management		
Wages	71,590	68,016
Carried forward	71,590	68,016

This page does not form part of the statutory financial statements

ENFIELD ASIAN WELFARE ASSOCIATION LTD**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	2023	2022
	£	£
Management		
Brought forward	71,590	68,016
Pensions	(1,443)	(2,026)
Rent & rates	6,364	6,010
Light and heat	1,118	(2,730)
Telephone	1,720	1,342
Postage and stationery	677	39
Advertising	958	273
Consultancy fees	2,892	4,344
Bank charges	123	105
Cleaning	56	681
Internet charges	127	33
IT expenses	92	332
Repairs & renewals	56	240
Payroll fees	420	543
Staff travelling	111	50
Venue hire	1,720	571
Training	80	-
Motor expense	65	-
AGM Expense	2,448	-
Fund raising expense	350	-
	<u>89,524</u>	<u>77,823</u>
Governance costs		
Accountancy fees	1,200	1,226
Hire of function room	-	422
	<u>1,200</u>	<u>1,648</u>
Total resources expended	<u>256,365</u>	<u>213,586</u>
Net expenditure	<u>(67,903)</u>	<u>(18,281)</u>

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ENFIELD ASIAN WELFARE ASSOCIATION LIMITED
Acknowledgements for Year Ended 31st March 2023

London Borough of Enfield: Adult Social Care Teams, Brokerage, plus Commissioning Managers
Bindi Nagra: Director of Adult Social Care Community Spaces Manager/Hall Hire Teams

EAWA staff and freelancers

Chetna Shah: CEO /Company Secretary	Nayana Abeywickrema: Day Care Manager
Pavithra Arachchige: Administrator	Irusha Dharmathilaka: Business Support Manager
Ooma Jukhoop: Finance/Payroll	Emmanuel Benedetti: Accounts/Finance
Shobhana Patel: Senior Care Support Worker	Rashida Miah: Care Support Worker
Naina Chokshi: Care Support Worker	Dhiraj Patel: Care Support Worker and Bank Driver
Harish Chauhan: Care Support Worker/Driver	Asma Ali: Care Support Worker
Chetana Vara: Bank Care Support Worker	Kali Khan: Bank Care Support Worker
Murali Ramchandani: Chair Yoga	Gillian Diamond: Indian Head Massage and Reflexology
Ann Wilkinson: Indian Head Massage	Nigar Sultana: Flower arranging and Pedicure
Joanna Barnes: Tai Chi/Qi Gong	Anthony Stadlen: Tai Chi/Qi Gong
Frank Wijesinghe: Tai Chi/Qi Gong	Dao Lu CIC: Tai Chi
Candy Fernandes: Chair Dance	Alpesh Kavva's Kitchen: Vegetarian Hot Meals
Chandrika Bheda: Chair Yoga / Zoom Chair Yoga / Workshops and Better Health for 50 plus program	

Chhaya Tailor: Coordinator EAWA Social Hub

Management Board

Naveed Ahmed: Chairman
Sudipta Ghosh: Vice Chairman
Richard Fernandes: Finance Director
Samit Kumar Biswas: Director

Volunteers:

Ripon Debnath: Website development
Mukundrai Shah: Daycare Centre helper
Akshai Shah: Computer Expert

Other:

Jain Oshwal Group Northeast Area: Poonam A Shah Chairperson and Prasit Shah Vice Chair	National Lottery Community Fund
Enfield Voluntary Action	Twalking Challenge: Dr Cristina Lopez-Peig
NHS North Central London Cancer Alliance	MP Feryal Clark
Darji Mitra Mandal Chairperson: Pravin Jivan	MP Kate Osamor
MP Bambos Charalambous	Accountant Chapmans: Praful Patel
Enfield Dispatch	Pankaj Sodha: Galaxy Superstars Ltd
Isoqar for ISO9001:2015 Inspections	Enfieldian Coach Tours
NCS Youth Charity	Age UK Enfield
Affiliated to Enfield Over 50's Forum	
Brunel University: Dr Mandekh Hussein Programme Director and Lecturer BAsc Global Challenges	
BAsc Global Challenges Year 3 Students: Mary Roberts, Lina Petrasciuk and Nithya Rasamani	

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Registered Charity No.: 1109149
Company Limited by Guarantee No.: 5397785



